

Valentines Day
Red Roses
with
Chef Nicholas Lodge



Valentine's Day Red Roses

The rose shown on the front cover was created using Renshaw Flower & Modeling Paste / Gumpaste.

The formula for creating the beautiful deep red is as follows:

UK: 85 g of Carnation Red Flower & Modeling paste.

Add to this 10 g of deep purple sugar paste and 5 g of chocolate brown Sugar paste, mix together.

USA : 85 g of Red Gumpaste and add 10 g of Bright Purple Rolled Fondant and 5 g of Brown rolled fondant.

Alternatively, take 85 g of Red flower and modeling paste / gumpaste and add 15 g of Red sugar paste / rolled fondant, then add a little purple and brown gel color. The addition of the sugar paste / rolled fondant will stop the paste drying as quickly. Add egg white to give elasticity.

Flower Pro Line of Silicone Moulds:

The Rose Cone & Thorns, Ultimate Petal Veiner, 5 Petal Blossom Cutters, Calyx Mould, Rose Leaf Cutter Set, Multi-Leaf Veiner, Plastic Size Guide, Companion Tool, etc. are all available through

www.katysuedesigns.com

along with the Flower Pro Book No. 1. There is a starter Rose & Filler Flower Kit that includes the book and five original moulds.

Katy Sue Designs also distribute the Flower Pro line of moulds through Amazon.com and have distribution warehouses in both the UK and USA.

I have created close to 50 Flower Pro YouTube videos that are available free to watch at:

www.katysuedesigns.com/flowerpro

Here you can watch the full rose tutorial, rose leaves, baby's breath, etc.

I am based in Atlanta, Georgia. My Nicholas Lodge website is available at:

www.nicholaslodge.com

Here you can also shop for Flower Pro and other exclusive Nicholas Lodge (NL) products.

During checkout, use the code LOVE2021 for a 10% discount on all purchases. This offer is valid until February 14th, 2021. (The discount applies to items already on sale in the category *SALE Items.)

Also on my website, under the tab "Recipes & Templates" there is a downloadable Size Guide, recipe for homemade flower paste / gum paste and lots of other useful downloads.

My NL YouTube channel is available at:

www.youtube.com/NicholasLodgeSchool

Here you will find lots of great YouTube's including one on making my homemade/scratch flower/gum paste.

My flower pro ultimate members club is a membership club for flower making with over 60 so far exclusive master class episodes in the library of the once a week lessons. More info at:

members.katysuedesigns.com

Valentine Red Roses

Cones:

- 1: Start by making floral tape buds for a medium cone, take 18 g green wire and half-width green floral tape, go around 10 times on end of wire then make a hook with the tape still attached around another 20 times.
- 2: Measure off a No. 13 small for the large cone.
- 3: Brush the floral tape bud with egg white and insert into ball of paste, mold into a basic cone then place into the mould rotating to form a perfect cone...every time! Remove, trim base and let dry 3-4 hours before using, or place into food dehydrator to speed up the drying process.

Roses:

Roses are ultimately the most requested and used sugar flower. These roses were created using a 110 mm All-in-One Flower Pro Rose Cutter.

- 1: For the bud, mid, full and fully blown stage create white medium-size cones in advance following the directions above.

Note: It is important these are dried for several hours before making the roses, if preferred, you may also use a small size styrene cone if you do not have time to make and dry a paste one.

- 2: Roll out 1/4 of your paste on Number 3 and then Number 6 on your pasta machine. Cut out 2 x 110 mm blossoms at a time and put the remaining blossom shapes into the plastic flap.

To prevent drying, place your first blossom into the veiner pressing the top and lining up the registration of the veiner. Remove from the veiner and place onto the back of the veiner and soften the edge slightly approximately 1" using large ball tool.

Turn over so side you softened is underneath and place onto veiner with side with sequence on and place so it sits in the center of the veiner.

Brush egg white all over the dry medium size or styrene cone and push wire through center of veiner, then following sequence on the veiner for stage 1, attach petal 1 then 3/5 and finally 2/4.

- 3: Continue with mid-size layer created in the same way except soften 1/3 of the way around the petal and attach petals 1/3 the 2/4/5 following sequence shown on veiner for stage 2.

4: Roll out more paste if wanting a full-size rose, this time softening all the way around the exposed area of the petals, brush egg white 1/3 of way up petals turn upside down and arrange petals in a spiral with right hand side sticking out. Press to secure then hold rose in hand like a "ice cream cone" and tweak petals back to give natural shape. If leaving at this stage place small pieces of foam under right hand side of petal, hanging upside down to dry.

- 5: For the fully blown rose repeat as for full size and let dry.

- 6: Once dry, add 2 extra 18 g wires taping down with half-width Green Floral Tape if the rose stem is visible.

Calyx Using Mould:

1: Using mold

Rose Calyx

This Flower Pro enables you to make rose calyx with ease and includes the ovary mould too!

The large calyx and ovary is used with the Flower Pro Large Cone Mould and 110 mm Rose Blossom Cutter.

The medium for the medium cone and 90 mm cutter and small for small cone and 70 mm cutter.

1: Take a No. 12 log shape of green paste and white paste, rub top side of green paste with vegetable shortening and place white paste on top. Press together then roll a little wider than the cutter then feed through pasta sheeter No. 2 then No. 4.

2: Bush or rub a little shortening into the mould, lay paste in like a "tart shell" pressing in with your Cosmetic Sponge then Dresden tool, scrape away excess paste working from the center to each calyx point using Flexi Scraper.

3: Remove from mold, place on cosmetic sponge with hole in center and use little glue 2/3 way up calyx, attach to roses, curl back a little.

4: Take a ball of paste fill large cavity and trim off excess paste using Flexi-Scraper. Use needle tool end of Companion Tool to make small hole in center of ovary. Remove the ovary from the mould and slide up wire, brush a little egg white on flat part and attach to calyx, use shaft of your Companion Tool to blend the two parts together.

Finishing Touches:

Dust Ruby in the center of the rose and around the edges of the petals. Dust Aubergine in the flower center, then a mixture of White and Moss Green dust at the base of the petals, and steam the flower.